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Little Rock Stewpot March 2026 Newsletter

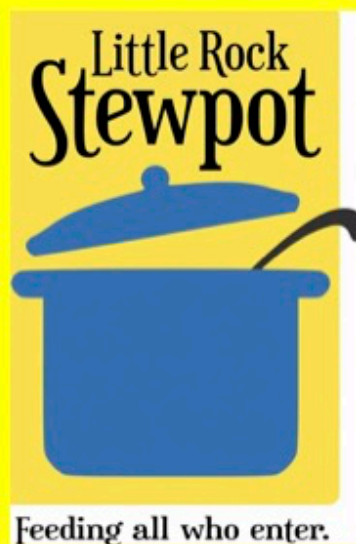


Spring is Almost Here!

Little Rock Stewpot's Mailing Address
Please send all Little Rock Stewpot correspondence
and donation checks to P.O. Box 2278,

Little Rock, AR 72203.

Little Rock Stewpot Celebrates 50 Years of Service in 2026



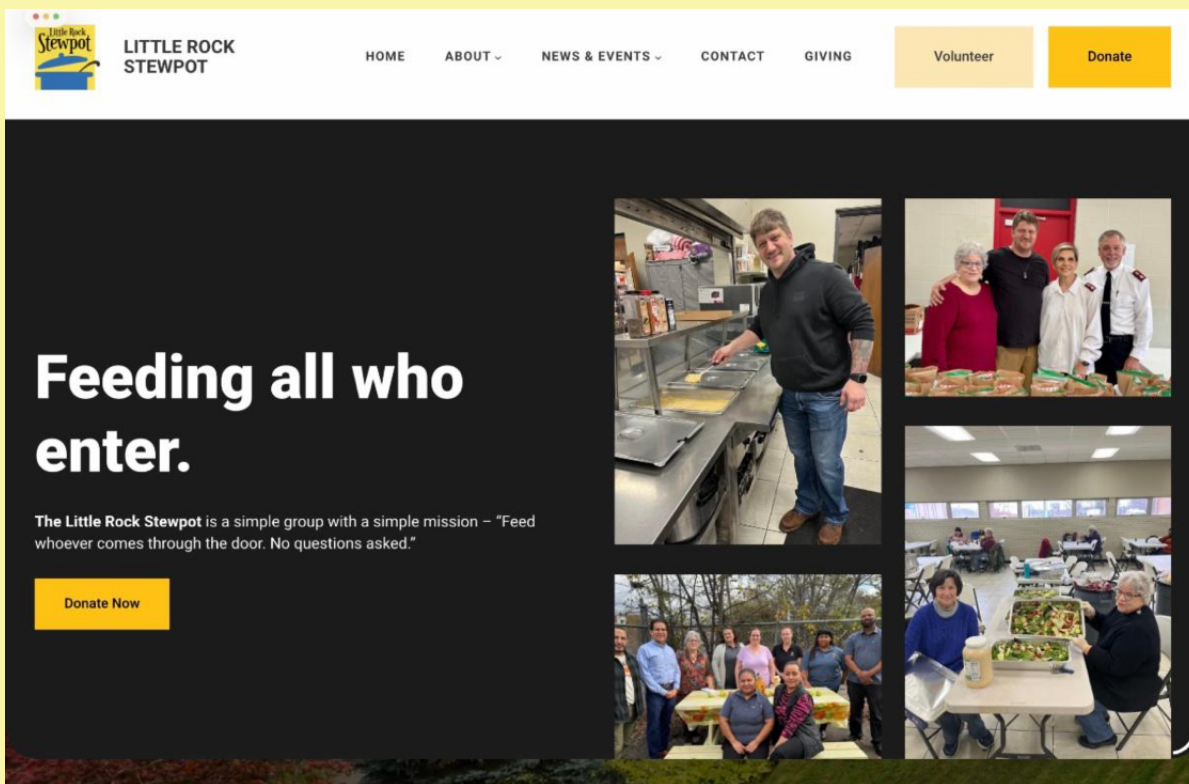
In 2026, Little Rock Stewpot will celebrate a monumental milestone: 50 years of "serving all who enter." For five decades, this ministry has stood as a cornerstone of downtown Little Rock—a rare example of a faith-based, volunteer-led mission that has never wavered. As we honor this half-century legacy, our Board is hard at work planning a year of reflection and growth. We aren't just looking back at where we've been; we are seeking new ways to expand our reach for the next 50 years. Stay tuned as we unveil our anniversary plans!

Little Rock Stewpot Has New Website

Kimberly Graves, Communication Director, Ferncliff Camp and Conference Center, developed a new website for Little Rock Stewpot. The website address is still the same. Check it out:



<https://www.stewpot-littlerock.org/>



Kimberly Graves serves as Communications Director at Ferncliff Camp & Conference Center, where she leads storytelling and strategic

communications across the organization's ministries. With more than 15 years of experience in marketing and higher education communications, she brings a passion for clear messaging and mission-driven storytelling. A native Arkansan, Kimberly holds a Bachelor of Arts and a Master's in Instructional Design from the University of Central Arkansas. She believes strong stories build strong communities.

Thank you Kimberly.



Thank You Cindy!

Cindy O'Neal has worked with Charlie Frith for the last fifteen years in maintaining the Little Rock Stewpot website. She set up the original website and maintained it on a volunteer basis at no cost to the Little Rock Stewpot. She taught Charlie how to use Dream Weaver software in making additions and corrections to the website and has always been available to help with problems.



Cindy O'Neal, affectionately nicknamed "Mrs. Wizard," built a reputation for helping others navigate technology long before it

became mainstream. She began by making house calls to program TVs and satellite systems, later expanding her skills to assist seniors with cell phones, Kindles, and computer tutoring. A natural problem-solver and lifelong learner, she eventually taught herself website design — all while raising three children, caring for two dogs, and managing a busy household.



Her hobbies include knitting and crocheting, and today she lovingly serves as caregiver to her retired Marine husband of 51 years, a former computer programmer. She now shares her home with two spirited Italian Greyhounds and lovingly reminds her future son-in-law exactly how her steak should be grilled — because some standards simply matter.

McDonalds - Palacios Enterprises Agreed to Bring Food to the Little Rock Stewpot on every 4th Friday

McDonald's Palacios Enterprises Offers to help Little Rock Stewpot

Thanks to Greg Fairchild, Little Rock Stewpot board member, for contacting McDonald's - Palacios Enterprises. They helped serve both Thanksgiving and Christmas Feasts at the Little Rock Stewpot.



They also provided delicious hot apple pies for dessert both days.

Beginning in January 2026, they will donate an entrée every 4th Friday of the month. No servers provided. Menu decided upon by McDonalds.





Snow and Ice Force Little Rock

Stewpot to Close the Last Week in January

A combination of snow, sleep and freezing rain forced the Little Rock Stewpot to close for the last week in January, 2026. The Little Rock Stewpot follows the Little Rock Schools policy, and if the schools are closed, the Little Rock Stewpot is closed.

Welcome Back Volunteers. We Missed You!





Westover Hills First Wednesday Little Rock Stewpot Team

The Westover Hills First Wednesday Little Rock Stewpot Team consists of thirteen individuals. Charlie and Charlotte Frith serve as Co-Captains of the team. They notify individuals a few days before the First Wednesday of each month that Stewpot is on the horizon. Other Members from Westover Hills include H.K. Steward, Ellen McEwen, Debbie Cooper and Tammy Pflug. Members from other churches include Nancy Carter, Scott Hiers, Polly Redmond, Lorie Scott, Dwane Tankersley, Lynn Walton and Joyce Wilson. Although there are twelve members on the team, we try to have five or six individuals volunteer on each 1st Wednesday.

On February 4th, the team served the following meal in a sack lunch:

- Hot chicken and rice
- Peanut and butter jelly sandwich

- Bag of chips
- Oreo cookies for dessert



Chicken and Rice





Chicken and Rice

Little Rock Stewpot Gets New Signs

The USDA requested that the Little Rock Stewpot display signs stating the hours of operation at the door where the diners enter to receive their food. The signs are metal and are 3 feet tall and 2 feet wide. The signs will be placed outside in the morning and taken inside when the Little Rock Stewpot stops serving in the afternoon.





Make a Donation to Little Rock Stewpot

Little Rock Stewpot's financial support comes from donations from churches, individuals, corporations and grants. With moving costs and food costs rising and our

numbers increasing each month, we really need your financial support. Please help support the Little Rock Stewpot. Checks can be mailed to The Little Rock Stewpot, Post Office Box 2278, Little Rock, AR 72203.

You can also make an online donation by clicking on Make a Donation below. When you click on Make a Donation, you will have the option of making an online donation with either PayPal or a credit card.

[Make a Donación](#)



[Post Office Box 2278, Little Rock, AR 72203]

[stewpotlr@gmail.com]

[<http://www.stewpot-littlerock.org/>]

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color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Little Rock Stewpot | P.O. Box 2278 | Little Rock, AR 72203 US

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