



# Stewpot Newsletter

September, 2018

For Information, contact [chfrith@mac.com](mailto:chfrith@mac.com)

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## Our Mission

The primary mission of the Stewpot is to Feed the Hungry - "Feed whoever walks through our doors". The Stewpot is open from 12:00 to 1:00 p.m. Monday through Friday of each week providing a hot meal to the homeless, jobless, elderly, physically or mentally disabled and displaced families in the Greater Little

Rock area. The Little Rock Stewpot has served over 1.5 million meals in the last 45 years

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## **BOMBAS Giving Program**



# **BOMBAS**

## **GIVING PROGRAM**

### **EVERYTHING YOU NEED TO KNOW**

### **Stewpot Receives 5,000 Pairs of Socks**

The Little Rock Stewpot applied to the BOMBAS Giving Team for socks. BOMBAS launched in 2013 after their founders saw a quote on Facebook that stated “socks are the #1 most requested clothing item in homeless shelters.” The Stewpot was notified that BOMBAS was shipping the Stewpot 5,000 pairs of socks.

Charlie Frith received 12 boxes of socks. It took him two trips in his CRV to take all of the socks to Stewpot

To learn more about the BOMBAS Giving Program, click on the link below.

## BOMBAS Giving Team



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**Stewpot Clothes Closet Makes  
High Profile Section**

## Stewpot's Clothes Closet will dress anyone in need

CELIA STOREY  
ARKANSAS DEMOCRAT-GAZETTE

Carl Trotter and his fellow volunteers at The Stewpot's Clothes Closet wish to thank all the well-fed Arkansans who for 46 years have generously donated their gently used clothing so that hungry people don't walk naked in the streets of Little Rock.

You are the light of the world.

Now: Do you have some skinnier friends with castoffs to share?

If that sounds like humor, it's because the volunteers who say it have been laughing and enjoying themselves for about an hour on this recent clothes-distribution Thursday upstairs at First Presbyterian Church downtown. Their once-a-week service is almost

done, and it has been "really fun," says Kelly Miller, who is here with her 16-year-old daughter, Leah.

Miller likes feeling useful. And she likes the range of characters who stand in line in the hallway that leads to the room's Dutch door, anxious or assertive, reluctant or joshing.

Hopeful, irritated, embarrassed, grateful — human.

Meanwhile, the funny question is serious. Could you ask your thin male friends to donate some jeans, please? Especially men whose waists are 34 to 40 inches around?

It's not chubby people who line up 75 or more at a time between noon and 1 p.m. Thursdays at the Clothes Closet, a whistle-clean room stocked with "not enough" pants and tops, socks and shoes, caps,

blankets and hygiene products.

For the most part, it's sweat-streaked, scrawny men, although some women do come.

They have just eaten a free meal served by Stewpot or — if they've been here before and know that small sizes run out right away — they want to get something clean to wear and then go to the dining room.

They stand in line patiently because they've got five minutes at the front of the line coming, and the volunteers treat them with respect.

"These people are hard-pressed," says Nancy Howell, a member of Trinity Presbyterian Church who serves on Stewpot's board. "They might be homeless. Or they

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Arkansas Democrat-Gazette/JOHN SYKES

Kelly Miller (left) and Carl Trotter like meeting the variety of people who ask for the clean, donated clothes and hygiene items at The Stewpot's Clothes Closet in First Presbyterian Church. "They are interesting characters," Miller says.

## Increase of Clothes Donation after Publication of Article

Many individuals have called in and donated clothes to the Stewpot Clothes Closet after publication of the article in the Arkansas Democrat Gazette. See letter and photo below.

Hello Ms. Rorex and Mr. Frith,

My mother saw an article about the Stewpot organization in the AR Dem/Gazette a few weeks ago. She asked me to reach out to you about a clothing donation. My father passed away two years ago and we have his clothing we would like to give to a local charity that will not sell the clothing and give it to those in need. I have Dress pants, jeans, shorts, shirts, shoes, and boots. The pants are sizes 29x34 and some are 29x36. Shirts are medium and large. The shoes and boots I believe are 9 and 9 ½. Is this something you are interested in receiving? If so, please let me know so we can arrange a delivery of the items. Thank you in advance. I look forward to hearing back from you.

**Becky McCune and Melissa English**





**Melissa English, Clothes Donator and  
Charlie Frith, Chairman of the Stewpot Board**



## Knowledge is Power



We are excited to invite you to our annual membership conference! We will have two remarkable speakers, round table learning, lunch is included & there will be prizes for our LHRO members! This is an exciting learning and networking opportunity.



### Speakers:

**Jane Adams**, Senior Domestic Policy Analyst, Bread for the World

**Corey Biggs**, Associate Director, Forward AR

**Tamika Edwards**, Director of Government Affairs, AR Advocates for Children & Families

**Cost:** FREE to members

**When:** September 20th 10-1:00

**Where:** 401 S Scott St. Little Rock

**All Stewpot Volunteers are invited to Register for the Arkansas Hunger Alliance Membership Conference on September 20, 2018,**

10:00 a.m. - 1:30 p.m.

To Register, click on the link below.

[Register](#)

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## **It's Time for Undie Sunday at Westover Hills**

The Westover Hills Presbyterian church 2<sup>nd</sup> Sunday Offering for the month of September will be underwear for Stewpot. There are five Sundays in September, so we have the opportunity of collecting lots of underwear. The Stewpot recently received a notice that they will receive 5,000 pairs of socks for Stewpot patrons from Bombas for Giving. So, we don't need any socks – only underwear. Bring underwear of all sizes for both men and women. Underwear should be **new** and **packaged**.

**The Stewpot is encouraging all churches to have an “Undie Sunday” in October and collect underwear for the Stewpot. Use the above and format it for your church.**

### **Matthew 25:40**

"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'



## Every Other Monday Teams Like to Make it Special

Two churches, Trinity Presbyterian Church and Trinity Episcopal Cathedral, alternate serving at Stewpot every other Monday. The Every Other Monday Stewpot Teams like to make it special. I (Charlie Frith) was at the Stewpot recently on a Monday and here is what I saw: Nancy Howell, one of the team members from Trinity Presbyterian Church, had baked several pineapple cakes for dessert. Boy did they look look! I don't eat dessert, but I was really tempted to try a piece of the cake. Another team member was cutting up fresh tomatoes and putting them in small bowls. They were going to be topped with Ranch Dressing before serving.











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**Stewpot Posts New Signs**

The Stewpot is in the process of installing new signs. Three 8 1/2 X 11 inch aluminum signs were made to put up outside and two plastic ones were made to put up inside. Rev. Steven Moody and Ed Brown will work together to post the outside signs. Charlie Frith and Ed Brown posted the two inside signs. One was placed on the wall at the top of the steps and the other was posted on the back wall of the Stewpot Dining room.

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**Stewpot hours are  
11:00 AM to 1:30 PM.**

**Doors Open from  
12:00 PM to 1:00 PM.**

**Stewpot patrons should  
not gather on the property  
before 11:00 AM and  
should vacate the property  
by 1:30 PM.**





# Welcome Back!

Cedric Gaither, better known to the Stewpot volunteers as "Ced" decided not to leave the Stewpot for a new job. Ced works part-time helping Ed and fills in for him when Ed is not there. He also works in the Clothes Closet every Thursday.

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# *Appreciation Dinner*



## **Stewpot Appreciation Dinner**

The Stewpot will hold an Appreciation Dinner for all of its volunteers on Thursday, September 27th at 6:00 p.m. in the Stewpot Dining Room. Trinity Presbyterian Church has volunteered to prepare the meal. **More information will follow as the date gets closer.**

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# Clothes Closet

*"I needed clothes and  
you clothed me."*

Matthew 25:38

## **Clothes Closet Update**

Things have really been popping at the Clothes Closet lately. Thanks to a wonderful article written by Celia Storey that appeared in the *Arkansas Democrat-Gazette* on August 5th, clothing donations have been pouring in! We in the Clothes Closet feel truly blessed. And speaking of being blessed, Charlie Frith was able to obtain a donation of 5,000 pairs of socks from Bombas for Giving!! And, they say things come in threes, the Church at Rock Creek today dropped off 12 bins of clothing donated by the church. The Clothes Closet is so very, very thankful!!!

Barbara

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# PLEASE READ: IMPORTANT MESSAGE

**Message 1:** Team Captains: Please check with your team members to be sure that they are receiving the Stewpot Newsletter. If they are not, please tell them to email me and let me know. Thanks. [chfrith@mac.com](mailto:chfrith@mac.com)

**Message 2:** Stewpot needs to keep a record of the number of individuals served on an annual basis. This is the responsibility of the Team Captains. Please record the beginning and the ending number of bowls and the total number of bowls used.

The beginning number is usually recorded, but oftentimes, the ending number is not recorded.

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## Stewpot Video

To see a short video about the Stewpot,  
click on the Stewpot below.

[Stewpot](#)

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## Stewpot Holidays

New Year's Day  
Martin Luther King Day  
Good Friday  
Memorial Day  
Independence Day (4th of July)  
Labor Day  
Thanksgiving  
Friday after Thanksgiving  
Christmas Eve  
Christmas Day

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Interested in joining us to support this great cause?"

[Volunteer](#)

[Donate](#)

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