



Stewpot April 2022 Newsletter



Spring is Here!

Daffodils blooming in Charlie's front yard



Be Safe

At the present time, wearing masks is optional for Stewpot Volunteers.

WHPC February Mission Men's and Women's Underwear

For the month of February, Westover Hills Presbyterian Church collected men's and women's underwear for the Stewpot. Donations were delivered to "The Box" at the church

office door. Kay Stephens from WHPC delivered a large collection of underwear to the Stewpot on March 1st. Some individuals donated money instead of underwear. Eileen Joyce and Charlie Frith from WHPC shopped at Wal-Mart for additional underwear and Charlie delivered them to the Stewpot Clothes Closet on March 14. Photos below show the collection of underwear donated by church members, Eileen Joyce shopping at Wal-Mart and Charlie Frith on his deck with the purchased underwear.







Stewpot First Wednesday in March

Stewpot serves lunch to approximately 125 hungry individuals Monday through Friday from 12:00 – 1:00 pm. Seconds are in order if there is extra food. The menu varies each day but often includes a peanut butter sandwich with a packet of jelly. Something hot is usually offered once or twice a week. Different groups, often from different churches, serve once a month. A group of 6 - 8 individuals from Westover Hills Presbyterian make up the First Wednesday Group. The group is supplemented with three to four additional individuals. On the first Wednesday in March, the group served a peanut butter sandwich with a packet of jelly, cold slaw, poptart, bag of chips, a cup of hot chicken and vegetables and coffee and water.



Promises Kept

Stewpot made a resolution to have face to face contact with diners at least monthly in 2022.

March turned out to be a multiple event month. Early in March our nurse friends from Baptist Health Community Outreach arrived with fresh fruit and flu vaccines. Ed Brown reported that nearly 30 of our diners participated in the vaccine offering. We are so grateful to this group who has continued their support of Stewpot throughout the years.

On St. Patrick's Day Pulaski Heights Presbyterian Church joined Ed and Yolanda in the breezeway to distribute homemade desserts and blessings to our diners. Chris was on hand to document this occasion with photos. Pulaski Heights had a great time and wanted to come back for the next event. See photos below.



SPRING BREAK REIMAGINED

Ten University of Memphis students came to Stewpot as part of a mission related Spring Break. This special Spring Break Program allows the students an opportunity to visit new cities, have a fun vacation but also give service



to the communities they visit.

The students arrived at 9:00 a.m. and worked solidly all morning repackaging cookies and making trail mix bags for our diners. Additionally, the students helped with the Foodbank Delivery. Ed gave them the grand tour of our facility including the clothing room. They were a delightful, enthusiastic group.

Next Stewpot Scheduled Event

That next event is
scheduled for April 14.

We'll be serving a southern Easter dinner buffet style to our diners. If your group would like to help, please contact the Stewpot at

stewpotlr@gmail.com



Stewpot Board Elects Officers for 2022-23



The Stewpot elected the following officers at the Stewpot Quarterly Board Meeting on March 14, 2022.

Chair – Charlie Frith

Vice Chair – Nancy Carter

Secretary – Adrienne Kulousek

Treasurer – Chris Byrd

Charlie Frith has worked at the Stewpot for over 20 years. He and his wife Charlotte serve as the First Wednesday's Captains. The first Wednesday group is primarily from Westover Hills Presbyterian Church. Charlie also maintains the Stewpot Website <https://www.stewpot-littlerock.org/> and publishes the Stewpot monthly newsletter and the annual Stewpot photo calendar. The calendar can be seen hanging on the bulletin board in the Stewpot kitchen.

Nancy Carter works on the First Wednesday team and attends

both Westover Hills Presbyterian Church and First Presbyterian Church. She has been coordinating a Contemporary Service at First Presbyterian Church.

Adrienne Kulousek works on the 3rd Wednesday Stewpot group and is a new member to the Stewpot Board. She is also a member of Westover Hills Presbyterian Church. Adrienne is originally from London and all the diners love her, especially her British accent.

Chris Byrd has worked at the Stewpot for the last seven years. This is his second year as treasurer. He works at the Stewpot almost every day and is known for making peanut butter sandwiches.

The Stewpot board welcomes two new members - Adrienne Kulousek (see info above) and Shirley Garlington. Shirley is a member of Westover Hills Presbyterian Church and works on the Third Wednesday team. Shirley's husband was Gordon Garlington who served as the Captain of the Third Wednesday team. Gordon died last July 2021. Gordon was a retired Presbyterian ministered and is remembered by many for his dedication to the Stewpot.

Clothes Closet

*"I needed clothes and
you clothed me."*

Matthew 25:38

Clothes Closet Update

The Clothes Closet is always in need of men's jeans and shoes!

Make a Donation to Stewpot

Most of Stewpot's financial support comes from donations from churches and individuals. Please help support the Stewpot.

Make an online donation by clicking on Make a Donation below. When you click on Make a Donation, you will have the

option of making an online donation with either PayPal or a credit card.

Make a Donation

**[800 Scott Street, Little Rock, AR 72201]
[501) 372-1804] [stewpotlr@gmail.com]
[<http://www.stewpot-littlerock.org/>]**

**THE LITTLE ROCK STEWPOT COMPLIES WITH APPLICABLE FEDERAL CIVIL
RIGHTS LAWS AND DOES NOT DISCRIMINATE ON THE BASIS OF
RACE, COLOR, NATIONAL ORIGIN, AGE, DISABILITY, OR SEX.**

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