



Stewpot Newsletter

October, 2019

For Information, contact chfrith@mac.com

Our Mission

The primary mission of the Stewpot is to Feed the Hungry - "Feed whoever walks through our doors". The Stewpot is open from 12:00 to 1:00 p.m. Monday through Friday of each week providing a hot meal to the homeless, jobless, elderly, physically or mentally disabled and displaced families in the Greater Little Rock area. The Little Rock Stewpot has served over 1.5 million meals in the last 47 years.

Nancy Howell Makes Special Dessert for 1st Wednesday Team



Nancy called the dessert "Stewpot Shortcake." She started with a small individual sponge cake. She topped the cake with a mixture of cool whip, fruit and vanilla pudding. She then added a topping of ground butterfinger, candy bars.

**The Stewpot patrons really enjoyed it.
Thanks, Nancy.**

AR Hunger Relief Alliance Annual Membership Meeting and Conference

A ballroom full of people from all over the state gathered for AR Hunger Relief Alliance annual membership meeting and conference Thursday September 12 in downtown Little Rock. The meeting was sponsored by Arkansas BlueCross BlueShield who has made reducing hunger in AR a priority.

Charlie Frith and Nancy Howell, Stewpot Board members, were among those attending. Kathy Webb, AHRA Director, gave the yearly report of what the Hunger Relief Alliance has been doing. They have been doing an unbelievable amount sharing ideas and information to help all types of programs around the state.

Next we were informed by speakers and workshops on topics ranging from Homelessness and Hunger to writing Mini-Grants to Gleaning and Gardening for Hunger Relief.

After lunch the Keynote speaker Dr. Eduardo Ochoa from Arkansas Children's Hospital provided an eye-opening talk on Food Insecurity driving up health care costs in an astronomical way. He said SNAP works like a vaccine and it is a booster shot for further development for children and families.

Nancy and Charlie are pictured below.



Clothes Closet

*"I needed clothes and
you clothed me."*

Matthew 25:38

Clothes Closet Update

Hey from the Clothes Closet!!! We have been swamped lately with new folks seeking clothing help!! However, donations are way down. We especially need shoes for men and women (athletic type) and men's jeans/dockers-type pants. If you could see our shelves, some are totally bare. Of course, the more popular sizes go the quickest! So, please look around and see what you might have available!

Additionally, the Clothes Closet is announcing our Third Annual Undies Sunday drive for men's/women's underwear. Only this year, we've changed it up a little bit. It will be called **"Sock it to me on Undies Sunday"**.

We will be requesting both underwear (adult) and white cotton socks (adult). This will be held on Sunday, October 13th. Notify all of your churches of this upcoming event.

Thank you for your continuing support of this important mission!

Barbara



We need socks and underwear.



The Stewpot Clothes Closets bins are empty. Can you and your church help fill them?

Stewpot Video

To see a short video about the Stewpot,
click on the Stewpot below.

[Stewpot](#)

Stewpot Holidays

New Year's Day

Martin Luther King Day

Good Friday

Memorial Day

Independence Day (4th of July)

Labor Day

Thanksgiving

Friday after Thanksgiving

Christmas Eve

Christmas Day

Interested in joining us to support this great cause?

[Volunteer](#)

[Donate](#)

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